



ARNI STROKE REHABILITATION THEORY WORKSHOP – 3rd MARCH 2017

Welcome to the ARNI STROKE REHAB WORKSHOP at the Institute of Neurology, Queen Square (foyer seminar room)

This exciting stroke theory day is designed for therapists and professional physical exercise Instructors who are completing the ARNI Institute Functional Rehabilitation & Exercise Training after Stroke Qualification. You have an interest in gaining knowledge, skills and experience concerning rehabilitation from stroke. You may have trained stroke survivors for many years or may not have yet trained someone coping with physical and psychological limitations resulting from brain injury. Whatever your knowledge base, we are proud to be able, with the assistance of the lecturers who are giving their time today, to take you on a journey through stroke rehabilitation. You will find out how neurorehabilitation is initiated. You will be shown how the structure of the brain is altered and continues to alter after stroke. You will find out how stroke affects so much of the survivor’s daily life, from movement control to cognition, emotional coping abilities and speech. You will find out what it is like to have a stroke and be left with residual limitations... and what kinds of interventions are being shown positively to affect recoveries. The aim is to inform your training of this cohort.

UCL, KINGS COLLEGE & BRUNEL UNIVERSITY RESEARCH LECTURERS

| | | |
|---------------|---|--------------------------------------|
| 9.00 - 9.30 | <i>Arrival</i> | |
| 9.30 - 9.40 | Chair: Welcome | Dr Tom Balchin |
| 9.45 - 10.20 | Neuroplasticity | Dr Nick Ward |
| 10.25 - 11.00 | Clinical Rehabilitation | Elizabeth Taylor |
| 11.05 - 11.30 | <i>Coffee break</i> | |
| 11.30 - 12.15 | Community Rehabilitation | Dr Meriel Norris |
| 12.20 - 1.15 | <i>Lunch</i> | |
| 1.20 - 2.05 | Upper Limb Rehabilitation | Fran Brander & Kate Kelly |
| 2.10 – 3.00 | Speech & Language after Stroke | Hayley Tolfrey |
| 3.05 - 3.50 | Fatigue after Stroke | Dr Anna Kuppaswamy |
| 3.55 – 4.10 | <i>Coffee break</i> | |
| 4.15 - 4.50 | Cognition and Behaviour after Stroke | Dr Catherine Doogan |

Dr Nick Ward
 Elizabeth Taylor
 Dr Meriel Norris
 Fran Brander & Kate Kelly
 Hayley Tolfrey
 Dr Annie Kuppaswamy
 Dr Catherine Doogan

Reader in Clinical Neurology, Institute of Neurology, UCL
 Head Occupational Therapist, Homerton Hospital & PhD student, King’s College.
 Lecturer in Physiotherapy, School of Health & Life Sciences, Brunel University
 Clinical Specialist PT (FB) & Clinical Specialist OT (KK), National Hospital for Neurology & Neurosurgery
 Speech and Language Therapist, Centre for Speech & Language Intervention Research, UCL
 Senior Research Training Fellow, Institute of Neurology, UCL
 Research Fellow, Clinical, Educational and Health Psychology, UCL

