**Identifying barriers to home-based, long-term follow-up fatigue assessment tests**

We are trying to understand the barriers to performing tests and answering questionnaires outside of laboratory environment. We first present to you the type of tests we wish to carry out, followed by some questions. It should take only 5 minutes of your time, please answer the questions below and email the completed form back to [a.kuppuswamy@ucl.ac.uk](mailto:a.kuppuswamy@ucl.ac.uk)

**Tests**

1. Fill in a short (5 minutes) questionnaire once every week for 6 months.
2. Fill in a detailed account of fatigue experience once every week for 6 months.
3. Note down fatigue levels (for example 5/10) every day.
4. Carry out a simple physical task once every week and note down results (example: time taken to insert 9 pegs in 9 appropriately fashioned holes-we will provide equipment)

**Methods**

1. Paper diary containing questionnaires, fatigue scales and test results
2. Online diary containing questionnaires, fatigue scales and test results

**Barriers (please tick/highlight all appropriate responses)**

1. I will be able to
   1. Complete all 4 tests without any difficulty
   2. Complete some of the tests without any difficulty
   3. Complete all of the tests with some help
   4. Complete some of the tests with help
   5. None of the above
2. If you anticipate difficulty or require help, you would need it for
   1. Reminding you to do the tests
   2. Carrying out the tests
3. If you are unable to do any of the tests, would it be due to
   1. Lack of time
   2. Other reasons, please state ---------------------------------
4. What method of assessment do you prefer
   1. Paper diary
   2. Online diary
   3. Either
   4. Neither
   5. Any other method you would like to suggest ------------------------------------
5. Please use the space below to let us know anything else you wish to communicate with regards to carrying out tests in a home/non-laboratory environment for long-term follow-up of fatigue.