



ARNI STROKE REHABILITATION THEORY WORKSHOP – 28th OCTOBER 2016

Welcome to the UCL/BRUNEL/ARNI STROKE day at Institute of Neurology, Queen Square (foyer seminar room)

This exciting stroke theory day is designed for therapists and professional physical exercise Instructors who are completing the ARNI Institute Functional Rehabilitation & Exercise Training after Stroke Qualification. You have an interest in gaining knowledge, skills and experience concerning rehabilitation from stroke. You may have trained stroke survivors for many years or may not have yet trained someone coping with physical and psychological limitations resulting from brain injury. Whatever your knowledge base, we are proud to be able, with the assistance of the lecturers who are giving their time today, to take you on a journey through stroke rehabilitation. You will find out how neurorehabilitation is initiated. You will be shown how the structure of the brain is altered and continues to alter after stroke. You will find out how stroke affects so much of the survivor’s daily life, from movement control to cognition, emotional coping abilities and speech. You will find out what it is like to have a stroke and be left with residual limitations... and what kinds of interventions are being shown positively to affect recoveries. The aim is to inform your training of this cohort.

UCL & BRUNEL UNIVERSITY RESEARCH LECTURERS

9.00 - 9.30	<i>Arrival</i>	
9.30 - 9.40	Chair: Welcome	Dr Tom Balchin
9.45 - 10.20	Neuroplasticity	Dr Nick Ward
10.25 - 11.00	Acute Care & Rehabilitation	Dr Khalid Ali
11.05 - 11.30	<i>Coffee break</i>	
11.30 - 12.15	Community Rehabilitation	Dr Cherry Kilbride
12.20 - 1.15	<i>Lunch</i>	
1.20 - 2.05	Upper Limb Rehabilitation	Fran Brander & Kate Kelly
2.10 - 3.00	Speech & Language after Stroke	Sophie Roberts
3.05 - 3.50	Vision and Reading after Stroke	Professor Alex Leff
3.55 - 4.10	<i>Coffee break</i>	
4.15 - 4.50	Cognition and Behaviour after Stroke	Dr Catherine Doogan

Dr Cherry Kilbride	Senior Lecturer in Physiotherapy, School of Health & Life Sciences, Brunel University
Dr Nick Ward	Reader in Clinical Neurology, Institute of Neurology, UCL
Dr Khalid Ali	Senior Lecturer in Geriatrics & Stroke Consultant Physician, Princess Royal Hospital, W. Sussex
Professor Alex Leff	Professor of Cognitive Neurology, Institute of Neurology, UCL
Fran Brander & Kate Kelly	Clinical Specialist PT (FB) & Clinical Specialist OT (KK), National Hospital for Neurology & Neurosurgery
Sophie Roberts	Speech and Language Therapist, Centre for Speech & Language Intervention Research, UCL
Dr Catherine Doogan	Research Fellow, Clinical, Educational and Health Psychology, UCL

