



ARNI STROKE REHABILITATION THEORY WORKSHOP – 21st MARCH 2019

Welcome to the ARNI STROKE REHAB WORKSHOP at the Institute of Neurology, Queen Square (foyer seminar room)

This exciting stroke theory day is designed for therapists and professional physical exercise Instructors who are completing the ARNI Institute Functional Rehabilitation & Exercise Training after Stroke Qualification. You have an interest in gaining knowledge, skills and experience concerning rehabilitation from stroke. You may have trained stroke survivors for many years or may not have yet trained someone coping with physical and psychological limitations resulting from brain injury. Whatever your knowledge base, we are pleased to be able, with the assistance of the lecturers who are giving their time today, to take you on a journey through stroke rehabilitation. You will find out how neurorehabilitation is initiated. You will be shown how the structure of the brain is altered and continues to alter after stroke. You will find out how stroke affects so much of the survivor’s daily life, from movement control to cognition, emotional coping abilities and speech. You will find out what it is like to have a stroke and be left with residual limitations... and what kinds of interventions are being shown positively to affect recoveries. The aim is to inform your training of this cohort.

UCL & BRUNEL UNIVERSITY CLINICIANS & RESEARCH LECTURERS

9.45 – 10.20	Acute Stroke Rehab	Fran Brander & Kate Kelly
10.25 - 11.00	Technology after Stroke	Dr Tom Balchin & Guillem Buxarrais
11.05 - 11.30	<i>Coffee break</i>	
11.30 - 12.15	Speech & Language after Stroke	Professor Cathy Price
12.15 - 1.10	<i>Lunch</i>	
1.15 - 2.00	Neuroplasticity & Upper Limb	Professor Sven Bestmann
2.05 – 2.55	Fatigue after Stroke	Dr Anna Kuppuswamy
3.00 - 3.45	Acute Stroke	Professor Rob Simister
3.50 – 4.10	<i>Coffee break</i>	
4.15 – 5.00	Cognition and Behaviour after Stroke	Dr Catherine Doogan & Dr Niamh Shanahan

Fran Brander/Kate Kelly	Highly Specialist PT & OT (Leads), UCLH National Hospital for Neurology and Neurosurgery
Guillem Buxarrais	Director, Neuroball Technology, London
Professor Cathy Price	Professor of Cognitive Neuroscience & Director of Wellcome Trust Centre for Neuroimaging, UCL
Professor Sven Bestmann	Professor of Clinical and Movement Neurosciences, Institute of Neurology, UCL
Dr Anna Kuppuswamy	Senior Research Training Fellow, Institute of Neurology, UCL
Professor Rob Simister	Consultant Neurologist & Clinical Lead, UCL National Hospital for Neurology and Neurosurgery HASU
Dr Niamh Shanahan	Research Fellow, Clinical, Educational and Health Psychology, UCL.
Dr Catherine Doogan	Clinical Psychologist, Centre for Neurorehabilitation, UCL

