



ARNI STROKE REHABILITATION THEORY WORKSHOP – 23rd March 2020

*Welcome to the ARNI STROKE REHAB WORKSHOP
at the Room SR7, 1st Floor, 7 Queen Square (opposite National Hospital for Neurology and Neurosurgery)*

This exciting stroke theory day is designed for therapists and professional physical exercise Instructors who are completing the ARNI Institute Functional Rehabilitation & Exercise Training after Stroke Qualification. You have an interest in gaining knowledge, skills and experience concerning rehabilitation from stroke. You may have trained stroke survivors for many years or may not have yet trained someone coping with physical and psychological limitations resulting from brain injury. Whatever your knowledge base, we are pleased to be able, with the assistance of the lecturers who are giving their time today, to take you on a journey through stroke rehabilitation. You will find out how neurorehabilitation is initiated. You will be shown how the structure of the brain is altered and continues to alter after stroke. You will find out how stroke affects so much of the survivor’s daily life, from movement control to cognition, emotional coping abilities and speech. You will find out what it is like to have a stroke and be left with residual limitations... and what kinds of interventions are being shown positively to affect recoveries. The aim is to inform your training of this cohort.

LECTURERS

10.15 - 11.00	Neuroplasticity	Professor Nick Ward
11.00 - 11.45	Upper Limb Rehabilitation	Kate Kelly
11.45 - 12.15	<i>Coffee break</i>	
12.15 - 1.00	Research Trials in Rehabilitation	Dr Khalid Ali
1.00 – 2.00	<i>Lunch</i>	
2.00 – 2.45	Speech & Language after Stroke	Dr Victoria Fleming
2.45 – 3.30	Fatigue after Stroke	Dr Anna Kuppuswamy
3.30 – 4.00	<i>Coffee break</i>	
4.00 – 4.45	Cognition and Behaviour after Stroke	Dr Catherine Doogan
4.45 – 5.00	<i>Discussion</i>	

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| Dr Tom Balchin | Day Meeting Chair |
| Professor Nick Ward | Professor in Clinical Neurology and Neurorehabilitation, Institute of Neurology, UCL. |
| Kate Kelly | Highly Specialist OT (Lead), UCLH National Hospital for Neurology and Neurosurgery |
| Dr Khalid Ali | Senior Lecturer in Geriatrics & Stroke Consultant Physician, Princess Royal Hospital, W. Sussex. |
| Dr Victoria Fleming | Speech and Language Therapist, Centre for Speech & Language Intervention Research, UCL. |
| Dr Anna Kuppuswamy | Senior Research Training Fellow, Institute of Neurology, UCL |
| Dr Catherine Doogan | Clinical Psychologist, Centre for Neurorehabilitation, UCL. |

