



ARNI STROKE REHABILITATION THEORY WORKSHOP – 9th OCTOBER 2020

Welcome to the ARNI STROKE REHAB ZOOM-BASED WORKSHOP

This Zoom-based stroke rehab theory day is designed for therapists and professional physical exercise Instructors who are completing the ARNI Institute Functional Rehabilitation & Exercise Training after Stroke Qualification. You have an interest in gaining knowledge, skills and experience concerning rehabilitation from stroke and other brain injuries. You may have trained stroke survivors for many years or may not have yet trained someone coping with physical and psychological limitations resulting from brain injury. Whatever your knowledge base, we are pleased to be able, with the assistance of the lecturers who are giving their time today, to take you on a journey through stroke rehabilitation. You will find out how neurorehabilitation is initiated. You will be shown how the structure of the brain is altered and continues to alter after stroke. You will find out how stroke affects so much of the survivor’s daily life, from movement control to cognition, emotional coping abilities and speech.

You will find out what it is like to have a stroke and be left with residual limitations... and what kinds of interventions are being shown positively to affect recoveries. The aim is to inform your training of this cohort.

LECTURERS

10.00 – 10.15	Introduction	Dr Tom Balchin
10.15 – 11.00	Lower Body Rehabilitation	Dr Mohsen Shafizadeh
11.00 - 11.45	Imaging and Stimulating Motor Recovery after Stroke	Professor Heidi Johansen-Berg
11.45 - 12.00	<i>Coffee break</i>	
12.00 – 12.45	Research Trials in Rehabilitation (ARNI Approach)	Dr Khalid Ali
12.45– 1.45	<i>Lunch</i>	
1.45 – 2.35	Upper Limb Rehabilitation	Professor Nick Ward
2.35 – 3.15	Community Rehabilitation (ARNI Approach)	Associate Professor Cherry Kilbride
3.15 – 3.30	<i>Coffee break</i>	
3.30 – 4.15	Speech, Language and Understanding after Stroke	Dr Firle Beckley
4.15 – 5.00	Cognition and Behaviour after Stroke	Dr Catherine Doogan

Dr Tom Balchin	Day Meeting Chair
Dr Mohsen Shafizadeh	Senior Lecturer in Movement Science, Sheffield Hallam University.
Professor Nick Ward	Professor in Clinical Neurology and Neurorehabilitation, Institute of Neurology, UCL.
Dr Khalid Ali	Senior Lecturer in Geriatrics & Stroke Consultant Physician, Princess Royal Hospital, W. Sussex.
Professor Heidi Johansen-Berg	Professor of Cognitive Neuroscience, University of Oxford.
Associate Professor Cherry Kilbride	Senior Lecturer in Physiotherapy, Brunel University.
Dr Firle Beckley	Speech and Language Therapist & Stroke Assoc Junior Research Training Fellow (UCL)
Dr Catherine Doogan	Clinical Psychologist, Centre for Neurorehabilitation, UCL.

